

lush<sup>☆</sup>

SKIN AND BODY



## **BOOK ONLINE**

Our online booking system allows you to book a treatment at the click of a button.

[www.lushskinbody.com.au](http://www.lushskinbody.com.au)

# SPA FACIALS

## BESPOKE USPA® FACIALS

### **Bespoke USPA® Signature Express 30min**

*\$90*

Ideal for all skin types, this facial is tailored to suit your skin using botanical based products. It will leave the skin glowing & feeling rejuvenated.

### **Bespoke USPA® Lifestyle Facial 60min**

*\$145*

Ideal for all skin types, this facial incorporates powerful plant serums and exotic spices. The Lifestyle Facial uses mud therapies or rich smoothing creams with essential oils to effectively address your most pressing skin requirements. Including an indulgent neck, shoulder and scalp massage.

### **USPA® Concept Facial 90min**

*\$210*

A relaxing warm oil infusion massage for the back relieves any tension & prepares you for the ultimate facial experience. The journey of aromas is complemented by a meditative lymphatic face massage. We finish with a foot bath where your legs & feet are cleansed, exfoliated & massaged.

# SPA MASSAGE

## **Signature Relaxation Massage**

**30min \$90 / 60min \$140**

The tailored relaxation massage is designed to relax the body and mind and is completely tailored to your needs. The therapist works with a level of pressure that is personalised to your preference.

## **Pregnancy Massage**

**30min \$95 / 60min \$150**

Pregnancy massage aims to relax tense muscles, ease sore spots, improve circulation and mobility and just make you feel good.

## **Immerse Massage**

**75min \$175**

We start with a heavenly sixty minute relaxation massage complimented with an awakening foot scrub & massage.

## **Leg & Foot Pamper**

**30min \$90**

Don't let aches and pains get the better of you. Relieve sore and tired legs with a peppermint scrub and warm mud treatment. We then revitalise the feet with our mint butter foot massage. Also suitable during pregnancy to soothe and ease tiredness, aches and fluid retention.

## **Warm Coconut Neck, Head and Shoulder Massage**

**30min \$90**

A warm coconut oil, lavender & chamomille leave-in treatment is massaged into hair, scalp and shoulders using relaxing and reconnecting massage techniques.

## **Hot Stone Massage**

**75min \$180**

This technique is applied with the knowledge of meridians in the body, it can serve to remove the blockages of stress and anxiety created by our day to day lives. Stones are heated to the perfect temperature and placed strategically along the body to stimulate the release of tension.

# SPA PACKAGES

Lush Skin & Body offer a range of spa packages combining massage, skin treatments and beauty services designed to give you the ultimate indulgent experience.

## PACKAGES FOR ONE

### **Signature Pamper Package** \$130 **90min**

Enjoy total relaxation with a spa manicure & pedicure.

Spa Manicure with Standard Polish  
Spa Pedicure with Standard Polish

### **Signature Indulgent Package** \$165 **60min**

Treat Yourself to total Indulgence. Start with a relaxing back massage, followed by a bespoke facial.

30min Signature Relaxation Massage  
+ 30min Bespoke USPA Lifestyle Facial

### **Signature Intense Package** \$270 **120min**

Designed to nurture and nourish, relax with the luxurious duo of a Relaxation Massage and Facial.

60min Bespoke USPA Lifestyle Facial  
+ 60min Signature Relaxation Massage

**Large groups welcome, please email us at [perth@lushskinandbody.com](mailto:perth@lushskinandbody.com)**

## COUPLES PACKAGES

### **Concept Facial For Two** \$390 **90min**

This romantic experience includes a bespoke facial together, side by side, designed specifically to each of your personal skin requirements.

Relaxing Back Massage, 60min Bespoke USPA Lifestyle Facial, Awakening Foot Soak And Scrub

### **Signature Massage For Two** \$260 **60min**

Reconnect with each other through the soothing power of massage. Experience our signature massage that will leave you both with a sense of ultimate relaxation. 60min Signature Relaxation Massage

### **Intense Package For Two** \$530

Designed to nurture and nourish, relax with the luxurious duo of a Relaxation Massage and Facial  
60min Bespoke USPA Lifestyle Facial  
+ 60min Signature Relaxation Massage

# TREATMENT FACIALS

## MEDIK8 SKIN TREATMENTS

### **Calming Facial 60min** *\$145*

A gentle soothing treatment to instantly calm inflamed, hot, flushed, red, sensitive and highly sensitised skin using intelligent formulations to aid skin recovery.

### **Pore Refining Facial 60min** *\$145*

Deep-cleansing actives work to minimise pores from within while re-balancing botanicals smooth, calm and clear the complexion.

### **Deep Hydration Facial 60min** *\$145*

A complete nourishing and comforting facial to restore skin vitality to dull, flaky and compromised skin. Gentle exfoliation allows the long lasting, replenishing Medik8 formulations to deliver deep hydration to the complexion.

### **Glow Facial 60min** *\$145*

A luxurious illuminating treatment to brighten even the dullest skin. A targeted, results-driven facial to combat uneven pigmentation and skin tone; breathing new radiance and luminosity into the skin.

All our 60 minute facials come with a scalp, neck & shoulder massage

## ASAP SKIN TREATMENTS

### **ASAP Teenage Facial 30min** *\$90*

Significant hormonal changes can occur during the teen years, resulting in increased oil production and congestion. This treatment will decongest the skin and stimulate the healing process, revealing a cleaner, clearer, glowing complexion.

### **ASAP High Performance Facial 45min** *\$125*

The ASAP High Performance Facial uses sound waves, sonophoresis and active serums, to enhance the absorption of ASAP's high-performing products and delivers fast-acting results for the skin.

### **ASAP Ultimate Hydration Facial 60min** *\$150*

This super hydrating facial is the ideal treatment to plump and saturate life back into dull, dehydrated skin. The ASAP Ultimate Hydration Facial cleanses the skin of its impurities by allowing the products to infuse deeply into the skin, leaving a bright, hydrated and younger looking complexion.

# ADVANCED TREATMENT FACIALS

## IS CLINICAL TREATMENTS

### **Fire and Ice Facial 60min**

**\$250**

This legendary facial is designed to rapidly and safely resurface and rejuvenate the skin with little or no down time. This treatment helps reduce the appearance of fine lines and wrinkles and improves the look of uneven skin tone and blemish-prone skin, resulting in a more youthful complexion.

### **Foaming Enzyme Treatment Facial 60min**

**\$220**

This powerful yet soothing facial combines papaya and pineapple enzymes with a potent clinical-level grade of glycolic acid. This treatment produces a luxurious foaming activity while bioactive ingredients exfoliate and deep-cleanse the pores; revealing a polished, healthy and radiant complexion.

### **Bespoke iS Clinical Facial 60min**

**\$199**

This bespoke treatment enhances the skin with soothing, hydrating and balancing actives. Suited to all skin types leaving the skin rejuvenated and the body relaxed.

### **Prodigy Peel**

**\$1000**

With two different peel system options, your therapist will customise the perfect treatment for you.

P2 Peel System targets multiple skin concerns ranging from mild to moderate aging, mild acne, and pigment irregularities.

P3 Peel System targets skin laxity, acne, hyperpigmentation, melasma, fine lines and wrinkles, and uneven skin texture.

The price is \$1000, which includes:

- 3 Prodigy Peel treatments 4-8 weeks apart
- 3 LED Therapy 24-72 hours after each peel to speed up the recovery
- Post Treatment Product Pack

# SKIN TREATMENTS

## Skin Consultation 30min

\$100

We take a detailed look beneath the skin using the Observ, a state-of-the-art advanced skin analysis machine. This allows us to examine: Wrinkles & fine lines, including ones you can't see yet. The oil content of your skin. Pigmentation; closely assess freckles, sunspots and age spots, including professional recommendations for skincare and treatment plan. *\$50 redeemable on products.*

## INTRACEUTICALS OXYGEN FACIALS    HYDRAFACIAL

### Rejuvenate Anti-Ageing Oxygen Facial 45min

\$150

This skin-quenching treatment provides the ultimate in intense hydration. Formerly known as Replenish.

### Opulence Brightening Oxygen Facial 45min

\$150

Reveal a more radiant you with botanical brighteners and super concentrated Vitamin C to brighten and balance dull, uneven skin tone.

### Clarity Blemish Oxygen Facial 45min

\$150

Refines the appearance of problem-prone skin with the ultimate weapon against impurities and irritation.

HydraFacial combines cleansing, exfoliation, extraction, hydration and antioxidant protection that removes dead skin cells and impurities while simultaneously delivering moisturizing serums into the skin.

### Signature Hydrafacial Treatment 30min

\$165

Hydrafacial treatment + peel

### Deluxe Hydrafacial 45min

\$185

Hydrafacial treatment, peel, LED + booster

### Platinum Hydrafacial 60min

\$220

Lymphatic drainage, hydrafacial treatment, LED, peel + booster

### Signature Back HydraFacial 30min

\$220

Cleanse, exfoliate & extract, hydrate and infuse. Add Manual Extractions \$25



# SKIN TREATMENTS

## ENZYME SKIN THERAPY

The circulatory system plays a key role in a holistic approach to skin health. Using the Prin® specially formulated tightening mask, this treatment is designed to work with your circulatory system - an often overlooked, but vital component of optimal skin health.

<b>Prin® Lymphatic Facial</b>	<i>\$140</i>
<b>Prin® + Microdermabrasion</b>	<i>\$190</i>
<b>Prin® + Dermal Blading</b>	<i>\$210</i>

## DERMAL BLADING

Dermal blading is a gentle method of deeply exfoliating the skin. The treatment is pain free with no down time required! A surgical blade is worked over the face removing the outer layers of dead skin cells as well as any fine hair.

<b>Dermal Blading Facial 45min</b>	<i>\$140</i>
<b>Dermal Blading + LED</b>	<i>\$175</i>
<b>Dermal Blading + Oxygen</b>	<i>\$185</i>

## MICRODERMABRASION

Microdermabrasion is known to improve the appearance of sun damage, wrinkles, fine lines, age spots, acne scarring and other skin-related concerns or conditions.

<b>Microdermabrasion 30min</b>	<i>\$99</i>
<b>Micro + Sono Facial 45min</b>	<i>\$125</i>
<b>Micro + Enzyme Peel 45min</b>	<i>\$165</i>
<b>Microdermabrasion Facial 60min</b>	<i>\$165</i>
<b>Micro + Oxygen Facial 60min</b>	<i>\$175</i>

## LED THERAPY

LED Light Therapy is a non-invasive treatment that works at the cellular level. LED lights target cells increasing their internal functions, stimulating dermal blood flow and creating faster healing so your skin always looks rejuvenated.

<b>Add LED to your facial</b>	<i>\$45</i>
<b>LED Only</b>	<i>\$55</i>
<b>LED Therapy Facial 45min</b>	<i>\$120</i>
<b>LED Only Package x 5</b>	<i>\$200</i>

# SKIN TREATMENTS

## SKIN PEELS

### **ASAP Glycolic** *\$80*

Helps to reduce the look of your pores by effectively removing blackheads & congestion build up in the skin.

### **ASAP Lactic** *\$80*

Recommended for dry, mature and sensitive skin types in need of hydration. It helps to treat skin issues that contribute to a dull & uneven complexion.

### **ASAP Reveal Peel** *\$90*

With AHA/BHA, this treatment improves your skin texture and restores a fresh, smooth and more youthful appearance to the skin.

## ADVANCED SKIN TREATMENT

### **Cosmelan**

The Cosmelan depigmentation treatment is a unique, multi-ingredient chemical treatment designed to reduce areas of skin discolouration and hyperpigmentation. The Cosmelan peel decreases the skin's natural melanin production by inhibiting certain enzymes. This then dramatically reduces pigmentation, leaving the skin clearer and more youthful.

The price includes:

Cosmelan treatment, 3x LED sessions and take home post treatment product pack.

### **Medik8 - Clarity** *\$125*

Formulated to rapidly bring blemishes under control and dramatically reduce the risk of future breakouts, soften lines and wrinkles, hydrate the skin and stimulate the formation of collagen and elastin.

### **Medik8 - Rewind** *\$125*

A targeting formulation that helps to reduce the appearance of fine lines and wrinkles. It helps fade away imperfections, leaving the skin visibly smoothed and rejuvenated.

### **Medik8 - Even** *\$125*

A brightening peel targeting sun damage, hyperpigmentation and dull, uneven skin. The peel helps to visibly fade pigmentation for a more even and radiant complexion.

# ADVANCED SKIN TREATMENTS

## IPL SKIN REJUVENATION

Intense Pulse Light (IPL) is a type of light therapy used to treat pigmentation, rosacea, acne scars, facial redness, broken capillaries and sun damage. This treatment adds radiance and glow to any complexion and provides collagen stimulation in the process.

<b>IPL Skin Rejuvenation Face or Decolletage</b>	<b>\$220</b>
<b>IPL Skin Rejuvenation Face + Neck + Decolletage</b>	<b>\$320</b>
<b>IPL Skin Rejuvenation Hands</b>	<b>\$150</b>

## SKIN NEEDLING

DERMAPEN 4™ is a revolutionary Micro-needling device that aims to tighten, lift and rejuvenate your skin. Taking advantage of the skin's ability to heal itself. Micro-needling causes micro-injuries to the epidermis, which signals the body to produce collagen. This rejuvenates the skin, helping your skin look healthier, more youthful and fresher.

<b>Dermapen4™ Face</b>	<b>\$270</b>
<b>Dermapen4™ Face, Neck + Decolletage</b>	<b>\$330</b>
<b>Also Available for the Body</b>	<b>From \$300</b>

Perfect for skin laxity. Help diminish the look of stretch marks and scarring.

## CRYOPEN®

Cryotherapy is a powerful and precise treatment to permanently remove benign skin lesions with no pain or downtime. We can safely and effectively remove skin tags, cherry angiomas, age/sunspots and pigmented lesions with no collateral damage to healthy tissue.

<b>1-3 Lesions</b>	<b>\$100</b>	<b>5-10 Lesions</b>	<b>\$150</b>
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# NAIL SERVICES

## PEDICURE

**Express Pedicure** \$50

Cut + File + Buff + Polish

**Express Pedicure + Shellac** \$60

Cut + File + Buff + Shellac

**Spa Pedicure** \$70

Cut + File + Buff + Cuticle Work +  
Dead Skin Removal + Massage + Polish

**Spa Pedicure + Shellac** \$80

Cut + File + Buff + Cuticle Work +  
Dead Skin Removal + Massage + Shellac

**Shellac Removal** *from \$15*

## MANICURE

**Express Manicure** \$40

Cut + File + Buff + Polish

**Express Manicure + Shellac** \$50

Cut + File + Buff + Shellac

**Spa Manicure** \$60

Cut + File + Buff + Cuticle Work +  
Massage + Polish

**Spa Manicure + Shellac** \$70

Cut + File + Buff + Cuticle Work +  
Massage + Shellac

**Shellac Removal** *from \$15*

We do not provide SNS services or remove SNS

# LASHES + BROWS

**Brow Wax + Tint** \$44

**Brow Wax + Dye** \$57

**Brow Wax + Henna** \$67

**Brow Tint** \$23

**Brow Dye** \$38

**Lash Tint** \$28

**Lash Dye** \$43

**Lash + Brow Tint** \$45

**Lash + Brow Dye** \$57

**Lash Lift + Tint** \$92

**Lash Lift + Dye** \$97

**Brow Lamination** \$92

- includes Wax + Tint

**Brow Lamination + Dye** \$97

- includes Wax

# SPRAY TAN

For a flawless, even, sun-kissed look.

**Original** \$40

Wash off after eight hours.

**Rapid** \$45

Wash off after two hours.

# HAIR REMOVAL

## IPL HAIR REMOVAL

This gentle, safe and cost-effective form of hair removal permanently reduces unwanted facial or body hair using an Intense Pulse Light (IPL).

<b>Lip</b>	\$51
<b>Chin</b>	\$61
<b>Lip + Chin</b>	\$81
<b>Sides of Face</b>	\$52
<b>Full Face</b>	\$122
<b>1/2 Leg</b>	\$151
<b>Full Leg</b>	\$201
<b>Under Arm</b>	\$61
<b>Bikini</b>	\$71
<b>Extended Bikini</b>	\$91
<b>Brazilian</b>	\$101
<b>1/2 Arm</b>	\$91
<b>Full Arm</b>	\$151

## MALE IPL HAIR REMOVAL

<b>Full Back</b>	\$250
<b>Chest + Stomach</b>	\$250
<b>Full Leg</b>	\$250
<b>Arms</b>	\$200

*IPL concession packages are available*

# WAXING

<b>Eyebrow Wax</b>	\$28
<b>Eyebrow Sculpt</b>	\$38
<b>Eyebrow Wax + Lip Wax</b>	\$41
<b>Eyebrow + Lip + Chin</b>	\$53
<b>Lip Wax</b>	\$18
<b>Chin</b>	\$18
<b>Sides</b>	\$18
<b>Under Arm</b>	\$23
<b>1/2 Leg</b>	\$35
<b>1/2 Leg + Bikini</b>	\$58
<b>3/4 Leg</b>	\$43
<b>3/4 Leg + Bikini</b>	\$65
<b>Top 1/2 Leg</b>	\$35
<b>Full Leg</b>	\$58
<b>Full Leg + Bikini</b>	\$83
<b>Standard Bikini</b>	\$31
<b>Extended Bikini</b>	\$38
<b>Brazilian follow up (4-6 weeks)</b>	\$58
<b>Brazilian first time (6+ weeks)</b>	\$63
<b>1/2 Arm</b>	\$33
<b>Full Arm</b>	\$43
<b>Lower Back</b>	\$23
<b>Stomach</b>	\$38

## MALE WAXING

<b>Back + Shoulders</b>	\$58
<b>Chest + Stomach</b>	\$58
<b>Arms</b>	\$43
<b>Full Leg</b>	\$63
<b>Brows</b>	\$23
<b>Middle of Brow</b>	\$13

# SPA ETIQUETTE

At Lush Skin & Body we pride ourselves on the experience you will receive when you visit our salon. To ensure the highest standard of service we please ask that you familiarise yourself with our spa etiquette.

## **BOOKINGS**

Please keep in mind prior to booking, we require a 50% deposit for all appointments.

## **ARRIVE EARLY**

When scheduled for a facial and/or massage, we ask that you arrive 10 minutes earlier than your appointment time for optimal preparation and relaxation.

## **SWITCH OFF**

Please be mindful of other customers enjoying their treatment and turn off your mobile phone before starting your service.

## **DISCLOSURE**

If you have any illness, injury or skin condition please let us know to ensure your treatment is tailored accordingly. This can be discussed with your therapist further in your treatment appointment.

## **RUNNING LATE**

Arriving late will limit your treatment time, possibly lessening its effectiveness and your relaxation. Your treatment will end at the originally-scheduled time so that our next client's treatment is not delayed.

## **CANCELLATIONS**

Your treatment time has been reserved especially for you, but we understand that plans may change. If you do need to cancel, please give at least 24-hours notice, other wise a 50% cancellation fee may apply.

# THANK-YOU FOR YOUR COOPERATION



**GIFT CARDS AVAILABLE**

Spoil a loved one with a gift voucher  
from Lush Skin & Body.

Available in-store or online  
[www.lushskinbody.com.au](http://www.lushskinbody.com.au)

[www.lushskinbody.com.au](http://www.lushskinbody.com.au)



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